

Scheduling regular massages not only relieves stress physically, but also mentally. Our monthly membership is \$65 a month (60 minutes), or upgrade to the 90 minute option for \$87.50, or 120 minute option for \$110 monthly. Signing up for our monthly membership program enables to you to get the following Wellness Benefits with flexible scheduling:

- One 60, 90, or 120 minute custom massage monthly
- Our Membership offers additional discounts every time you visit.

When you visit, your price will coincide with the number of visits, and if you need to upgrade, you just pay the difference.

- Exclusive discounts on other services and retail products (essential oils, personal massage equipment, candles, etc.)

Massage Type	First Visit	Second Visit	Third Visit	Fourth Visit
60 Min	65	60	55	50
90 Min	87.5	82.5	77.5	72.5
120 Min	110	105	100	95

Price is capped at the fourth visit price.

Body in Balance Membership is all inclusive. You pay one price and can receive any type of modality all in one session (based on therapist's listed modalities).

Balance Massage Program begins and ends on the first day of each month. The program automatically renews and continues on a monthly basis.

We know once you join our program; you will not leave. We provide only the most client centric, relaxing and healing massages throughout Wilson County and the Nashville area. Sign up below for the amazing benefits!